

TEMORA MISSION AREA

Our Lady Help of Christians Parish Ardlethan/Sacred Heart Arian Park

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Parish Priest Fr Sijo Jose Email: Sijo.Jose@cg.org.au

St Therese Barellan

In our Prayers: Barry Carroll, Neville Caldwell, Ray Fairman, Kashaya Kuemmel,

For our Deceased: Edna Griffin, Margaret Gaynor, Eliza Clark, Veronica Jardine, Leo Griffin, Allan Hargraves, Lola Litchfield, (*anniversaries*)

March 12—13

Arian Park 6.00 p.m. Sat Mass

Mass Barmedman 8.00 a.m. Temora 10.00 a.m. Sunday

Liturgy Ardlethan 9.00 a.m. Barellan 10.00 a.m.

Latest Protocols see <https://cgcatholic.org.au/>

Reflection

Tempted by the Devil. The temptations experienced by Jesus in the wilderness were not temptations to moral evil as we usually understand it. They were not temptations to steal or murder or commit adultery. They were far more subtle: to give priority to material comfort, to have power over others, to test God. During Lent, let us take some time to examine our own attitudes: are we giving priority to God or in subtle ways putting ourselves first and God second?

Project Compassion

Anatercia 12, was struggling to cope with adult responsibilities after her father died. Then she participated in Caritas Australia-supported training and gained access to psychosocial supports.

Now, Anatercia can easily access clean drinking water, community members are able to grow healthy crops all year round, and there is enough nutritious food to eat. Anatercia feels better supported by her community, has more time to study and do her homework, and hopes to fulfil her dream of becoming a nurse.



Prayer for Lent

God of our healing and our wholeness, renew and recreate us in your truth. Let this time of Lent bring nourishment, refreshment,

and new life to our hearts and spirits. Help us to become more aware of what we need to let go of and what we need to embrace. May we come to an ever deeper appreciation of the unique and wonderful work of art which You—the Artist of each soul—created us to be. We offer this prayer in the name of Jesus, your Son, who died that we might live life to the full.

Joan Chittister osb

World Day of Prayer

We, members of the Catholic Church community will be hosting the World Day of Prayer on Friday 18 March at **9.30 a.m.**

Reflection

St Ignatius Loyola, the founder of the Jesuits, tells us in **The Spiritual Exercises** that the worst temptations are greed, pride and riches. ... Ignatius says that we should be wise in how we deal with temptations: name what's going on and attend to the pattern of the temptation quickly and consistently.

As John B. Metz, says, 'We can say that the three temptations in the desert are three assaults on the poverty of Jesus ... What Satan fears most is the powerlessness of God in the humanity he assumed ... so he appeals to Jesus' divinity, he wants God to remain God ... but Jesus subjected himself to our plight and opted for us as we are.'

We should take great comfort from this: there is no path of temptation along which Jesus has not gone ahead of us to show us we can choose life ahead of death.

That's what Lent is always about – a yearly season where we are encouraged to keep embracing life and live it to the full.

Fr Richard Leonard sj

<https://www.liturgyhelp.com/calendar/date/2022Mar06/0/HomRiLen>

POPE FRANCIS' WORDS

Do you want to fast this Lent?

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your heart with joy.
- Fast from selfishness and be compassionate to other
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.



Roster: 13 March

Leader: Andrina

Reader: Tracey

Minister: Bruce